

# Quest Food Management

<b>002188 - bread-goldfish wg pack : nslp</b>	<b>Components</b>	<b>Attributes</b>
HACCP Process: #1 No Cook Number of Portions: 50 Size of Portion: bag	Meat/Alt: Grains: 0.75 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
903402 bread- goldfish cheddar crackers bg 7362....	50 (1 bag)	

\*Nutrients are based upon 1 Portion Size (bag)

Calories	100 kcal	Cholesterol	0 mg	Sugars	0.0 g	Calcium	20.00 mg	31.50%	Calories from Total Fat
Total Fat	3.50 g	Sodium	180 mg	Protein	2.00 g	Iron	0.36 mg	9.00%	Calories from Saturated Fat
Saturated Fat	1.00 g	Carbohydrates	14.00 g	Vitamin A	0.0 IU	Water <sup>1</sup>	0.00 g	0.00%	Calories from Trans Fat
Trans Fat <sup>2</sup>	0.00 g	Dietary Fiber	1.00 g	Vitamin C	0.0 mg	Ash <sup>1</sup>	0.00 g	56.00%	Calories from Carbohydrates
								8.00%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.